



Care first

Bereavement helpline

Support when you need it most

It can be extremely difficult to cope with the death of a loved one, which is why, as part of our Group Life cover members have access to the bereavement helpline.

The helpline, provided by Care first, offers much-needed emotional support and practical advice from qualified bereavement counsellors.

As well as helping you cope with your loss, they can help you with related matters, including arranging a funeral and obtaining probate. If specific financial, tax or legal advice is required, they can refer you to specialist organisations for appropriate support.

The bereavement helpline can be used by all members covered by the Group Life scheme and also by the family and colleagues of the deceased member.

Don't go it alone, call 0800 015 5631

Phone lines are available 24 hours a day, seven days a week. Calls are completely confidential and there's no limit to the number of times you can call.

The bereavement helpline is a non-contractual benefit provided by Care first and it may be withdrawn by Aviva at any time.

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