



Aviva DigiCare+ Workplace

A matter of **second** opinion

Second Medical Opinion

Get a second medical opinion if you need it

There are times when it's hard to take in all the information that a doctor gives you when you receive a diagnosis. Or you might be left wondering if there are other treatments which might benefit you, or something else that could be taken into consideration.

If you're left wondering whether a second opinion might be helpful, then it's only natural that you don't want to be left waiting for too long. Aviva DigiCare+ Workplace can help with this.

Download the Aviva DigiCare+ Workplace app and, you'll be able to benefit from the second medical opinion service. You and your immediate eligible family members will have access to the clinical expertise of qualified, experienced practitioners- including GPs, mental health counsellors and nutritionists.

Get an opinion from a clinician with relevant experience.

The service matches you to an appropriate clinician, hand-picked based on their medical expertise and offers face-to-face, telephone or in-app consultations.

Once the medical expert has all the information they need, they'll review the medical evidence and produce a report detailing their diagnosis and next steps.

The benefits of a Second Medical Opinion

- ✓ **Get peace of mind** with a second opinion after an initial diagnosis
- ✓ **A second opinion** could present more information or a new treatment plan
- ✓ **Access a network of UK-based expert clinicians**, covering all conditions including mental health
- ✓ **Up to two second medical opinions** in each year shared between you and your eligible family members

This service is available to you if you're insured through your employers Group Protection Policy and is a non-contractual benefit Aviva can change or withdraw at any time. Terms and conditions and the privacy policy for Aviva DigiCare+ Workplace can be viewed in-app. Aviva DigiCare+ Workplace is provided by Square Health.



Download the Aviva DigiCare+ Workplace app from the App Store or Google Play. Mobile data charges may apply. Instructions on how to register can be found within your registration email. If you no longer have this email, contact your HR team who can arrange for it to be resent to you.

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62058 05/2022 GR06315