

# Making your first family holiday a little easier

## The festivals checklist



### Before you go

- Festival/event tickets
- Check festival website for restrictions on what you can take
- Driving license and other IDs

### To pack for you

- Tent, if needed
- Sleeping bag and pillows
- Outdoor kit (*camping mattress, stove, torch*)
- Toiletries (*dry shampoo, make-up wipes, toothbrush, toothpaste, soap*)
- Make up and cosmetics
- Haircare (*brush, comb*)
- Sun cream and after sun
- Insect repellent
- First aid kit (*plasters, paracetamol*)
- Sewing kit
- Appropriate clothes and footwear (*e.g. wellies*)
- Enough socks and underwear
- Sun hats
- Warm hats just in case
- Waterproofs
- Towels
- Sunglasses, glasses, contacts
- 'Home from home' kit (*snacks, teabags, kitchen roll, loo roll, matches/lighter*)
- Cool bag and blocks
- Gadgets (*phones, cameras, MP3 players and any chargers*)

### To pack for kids

- Nappies, wipes and nappy cream
- Toiletries (*shampoo, bath wash, flannel/sponge, toothbrush, toothpaste*)
- Kids' ibuprofen/paracetamol
- Kids' sun cream and after sun
- Sun hat and warm hat
- Sun shade (*parasol, linen sheet*)
- Sunglasses
- Towels
- Appropriate clothes and footwear (*waterproofs*)
- Baby sling or reins
- Baby food, snacks
- Baby bottles and formula
- Baby bowls and other food containers
- Pyjamas
- Favourite cuddly toy
- Travel cot/toddler bed, if needed
- Blanket and pillow
- Any bedtime gadgets (*sleep training clock, white noise machine*)

### For the journey

- Books and magazines
- DVD player and DVDs
- Toys
- Paper and pens/crayons for drawing
- Something comforting (*blankie, dummy*)
- Food, drink and snacks
- Sleep aids (*blindfold, inflatable pillow*)
- Buggy/pushchair

### Anything else you need to add?